### 25 Insanely Quick Instant Pot Recipes

#### Melissa Clark

Sam the Cooking Guy Sam Zien,2020-11-10 20 master recipes, more than 100 dishes—weeknight cooking has never been so exciting or so easy! Say goodbye to fourth-night-in-a-row meat loaf and identical containers of tragically "meal-prepped" chicken thighs. YouTube cooking sensation and restauranteur Sam the Cooking Guy is here to save us from mediocre leftovers. With 20 bulk-cooking master dishes, each featuring a main protein, with corresponding follow-up meals that all benefit from the work you've already done, Sam ensures that you'll never be bored in the kitchen again! Sam's recipes are simple and quick, but never tired. Your Mexican Meat Loaf from Sunday can shapeshift into Tuesday night's Tacos or Thursday's Sloppy Joes. Monday's Roast Chicken becomes Wednesday's Thai Chicken Curry or Friday's Baked Taquitos. "Aw man, Beer-Braised Short Ribs again?" "Nah: Short Rib Egg Rolls!" Sam's genuine and engaging personality, along with vibrant color photography, makes this book a lifesaver for busy folks who are looking for dinners that they can finally be excited about.

The Modern Proper Holly Erickson, Natalie Mortimer, 2022-04-05 NATIONAL BESTSELLER "Simple and elegant is the name of the game here. Holly Erickson and Natalie Mortimer have created the ultimate use-everyday cookbook...If the veggie-forward, 'beautiful, make-able' recipes don't convince [you] to dive in, the luscious photography surely will." —Food & Wine Get the most out of your time in the kitchen with these 100 fast, instant-classic dinners that everyone will love. For pretty much everyone, life gets busy—but you still want to cook up a good meal, ideally one that's accessible, efficient, and doesn't sacrifice any of the delicious flavors you love. The creators of the popular website The Modern Proper are all about that weeknight dinner, and now, they're showing you how to reinvent what proper means and be smarter with your time in the kitchen to create meals which will bring friends and family together at the table. The Modern Proper will expand your "go-to" list and help you become a more intuitive, creative cook. Whether you're a novice or a pro, a busy parent or a workaholic, this book will arm you with tools, tricks, and shortcuts to get dinner on the table. Every ingredient is easy to find, plus you'll find plenty of swaps and options throughout. Each of the 100 recipes (some all-time fan favorites and many brandnew) includes prep time, cook time, and quick-reference tags. These include: -Stuffed Chicken Breast with Mozzarella and Creamy Kale -Stir-Fried Pork Cutlets with Buttermilk Ranch -Sweet Cider Scallops with Wilted Spinach -Tofu Enchiladas with Red Sauce -And more! With recipes to feed a crowd, an entrée for every palate, a whole chapter of meatballs, and plenty of

pantry essentials, The Modern Proper is the new essential cookbook for any and all food lovers.

Instant Loss Cookbook Brittany Williams, 2018-10-02 THE INSTANT NATIONAL BESTSELLER • Brittany Williams lost more than 125 pounds using her Instant Pot® and making all her meals from scratch. Now she shares 125 quick, easy, and tasty whole food recipes that can help you reach your weight loss goals, too! Brittany Williams had struggled with her weight all her life. She grew up eating the standard American staples—fast, frozen, fried, and processed—and hit a peak weight of 260 pounds. When her 4-year-old daughter's autoimmune disease was alleviated by a low-sugar, dairy-free, grain-free, whole-food-based diet, Brittany realized she owed her own body the same kind of healing. So on January 1, 2017, she vowed to make every meal for a year from scratch, aided by her Instant Pot®. She discovered that the versatility, speed, and ease of the electric pressure cooker made creating wholesome, tasty, family-satisfying meals a breeze, usually taking under thirty minutes. Not only did the family thrive over the course of the year, Brittany lost an astonishing 125 pounds, all documented on her Instant Loss blog. Illustrated with gorgeous photography, Instant Loss Cookbook shares 125 recipes and the meal plan that Brittany used for her own weight loss, 75% of which are recipes for the Instant Pot® or other multicooker. These recipes are whole food-based with a spotlight on veggies, mostly dairy and grain-free, and use ingredients that you can find at any grocery store. The clearest guide to navigating your Instant Pot® or other multicooker that you'll find, Instant Loss Cookbook makes healthy eating convenient—and that's the key to sustainable weight loss.

Dinner in an Instant Melissa Clark,2017-10-17 75 all-new recipes for Melissa Clark's signature flavor-forward dishes that can be made in any pressure cooker, multicooker, or Instant Pot®. "Recipes that are as reliable as they are appealing."—The Boston Globe Dinner in an Instant gives home cooks recipes for elevated dinners that never sacrifice convenience. It focuses on what you should make in the pressure cooker (rather than what you can make) because it does it better—faster, more easily, and more flavorfully. These delicious weeknight-friendly and company-worthy recipes include: • Leek & Artichoke Frittata • Coconut Curry Chicken • Duck Confit • Osso Buco • Saffron Risotto • French Onion Soup • Classic Vanilla Bean Cheesecake Here, too, are instructions for making the same dish on both the pressure and slow cooker settings when possible, allowing home cooks flexibility, as well as indications for paleo, gluten-free, vegetarian, and vegan recipes. Dinner in an Instant is a new classic and Melissa Clark's most practical book yet.

Milk Street Fast and Slow Christopher Kimball,2020-04-07 Cook it fast or cook it slow: 150 flexible, flavorful Instant Pot and multicooker recipes designed for your schedule, from the James Beard Award-winning team at Milk Street. Instant Pots and other multicookers can transform your routine, turning day-long simmers and braises into quick dishes that are achievable even on a busy weeknight. But did you know that the same pot is also a top-notch slow cooker, delivering make-ahead flexibility? Milk Street Fast and Slow shows you how to make the most of your multicooker's unique capabilities with a host of one-pot recipes that show how to prepare the same dish two ways. For the guickest meals, use the pressure cooker

setting to cut down on cooking time. And if you prefer the flexibility of a slow cooker, you can start your cooking hours ahead. Tantalize your taste buds and change the way you cook with this mouthwatering menu: Vegetables shine on center stage in dozens of hearty vegetarian mains and sides like Potato and Green Pea Curry and Eggplant, Tomato, and Chickpea Tagine. From Risotto with Sausage and Arugula to steel-cut oats and polenta, get slow-cooking grains on the table fast -- no standing and stirring required. Beans cooked from scratch now join the weeknight lineup. Skip the overnight soak and load up on flavor in dishes like Black Beans with Bacon and Tequila. One-pot pastas mean more flavor and less cleanup. Cook Lemony Orzo with Chicken and Arugula right in the sauce -- no boiling, no draining, no problem. Cook chicken with a new world of flavor, from Chicken in Green Mole to Chicken Soup with Bok Choy and Ginger. Transform tough cuts of pork into everyday ingredients -- from Filipino Pork Shoulder Adobo and Hoisin-Glazed Baby Back Ribs to Carnitas with Pickled Red Onions. Make beef affordable by coaxing cheap (but flavorful) cuts to tenderness. Even all-day pot roasts and Short Rib Ragu become Tuesday night-friendly with little hands-on effort. These dishes take advantage of the Milk Street approach to cooking: fresh flavor combinations and innovative techniques from around the world. In these pages, you'll find a compelling new approach to pressure cooking and slow cooking every day. Praise for Christopher Kimball's Milk Street:Kimball is nothing if not an obsessive tester, so every recipe has an implicit guarantee . . . Scanning the streamlined but explicit instructions, you think: easy, quick, works, boom. -- The Atlantic

**Epic Vegan Pressure Cooking** Derek Howlett, Hannah Howlett, 2018-03-12 30 Simple Oil-Free Vegan Pressure Cooker Recipes For Lazy F@cks

Damn Delicious Rhee, Chungah, 2016-09-06 The debut cookbook by the creator of the wildly popular blog Damn Delicious proves that quick and easy doesn't have to mean boring. Blogger Chungah Rhee has attracted millions of devoted fans with recipes that are undeniable 'keepers'-each one so simple, so easy, and so flavor-packed, that you reach for them busy night after busy night. In Damn Delicious, she shares exclusive new recipes as well as her most beloved dishes, all designed to bring fun and excitement into everyday cooking. From five-ingredient Mini Deep Dish Pizzas to no-fuss Sheet Pan Steak & Veggies and 20-minute Spaghetti Carbonara, the recipes will help even the most inexperienced cooks spend less time in the kitchen and more time around the table. Packed with quickie breakfasts, 30-minute skillet sprints, and speedy takeout copycats, this cookbook is guaranteed to inspire readers to whip up fast, healthy, homemade meals that are truly 'damn delicious!'

**365 Days of Slow Cooking** Karen Bellessa Petersen, 2012-03 A compilation of recipes taken from Petersen's blog, http://www.365daysofcrockpot.blogspot.com.

**The Step-by-Step Instant Pot Cookbook** Jeffrey Eisner, 2020-04-14 NATIONAL BESTSELLERThe easiest-to-follow Instant Pot cookbook ever: 100 delicious recipes with more than 750 photographs guiding you every step of the way Jeffrey

Eisner's popular Pressure Luck Cooking website and YouTube channel have shown millions of home cooks how to make magic in their Instant Pots. Now Eisner takes the patient, fun, step-by-step approach that made him an online phenomenon and delivers a cookbook of 100 essential dishes that will demystify pressure cooking for Instant Pot users of all abilities--and put an astounding dinner on the table in a flash. Every flavor-filled recipe in this book is illustrated with clear photographs showing exactly what to do in each step. There are no surprises: no hard-to-find ingredients, no fussy extra techniques, and nothing even the most reluctant cooks can't master in moments. What you see is truly what you get, in delicious and simple dishes such as: Mac & Cheese Quick Quinoa Salad French Onion Chicken Eisner's popular Best-Ever Pot Roast Ratatouille Stew And even desserts such as Bananas Foster and Crème Brulée.

Best Instant Pot Cookbook Gooseberry Patch,2019-12-01 Short on time? With an Instant Pot(R), you can cook up all your family's favorite meals in a fraction of the time. Pressure-Cooker Country Chicken Soup, BBQ Spareribs even down-home Bacon-Braised Mixed Greens taste like they cooked all day. And, how about Lemon Bread Pudding for dessert? Got more time? Go low & slow with a slow cooker. Treat your family to slow-simmered dishes like fork-tender Italian Pot Roast, tummy-warming Grandma's Famous Chili and Hot Fudge Spoon Cake. Includes instructions and recipes to scale for cooking for 1 or 2 and for converting slow-cooker recipes to the pressure cooker. Also will include Salads & Desserts to go-with meals entrees prepared in the Instant Pot. Additional recipes for salads and even more desserts to go with what you prepare in your Instant Pot (R)! We're sharing lots of useful tips for making the most of these handy kitchen appliances. So put 'em to work, cooking up wonderful meals for your family. 175 Recipes.

Martha Stewart's Pressure Cooker Editors of Martha Stewart Living, 2018-08-28 An essential guide for your beloved, time-saving pressure cooker divided into three parts: a beginner-friendly section of pressure-cooked building blocks like beans, stocks, grains, and vegetables that can be assembled into simple dishes, such as salads, soups, quesadillas, burgers, and more; a chapter of 40+ hearty main courses made start to finish in the pot; and a final chapter of desserts cooked entirely in the appliance. Recipes include instructions for both types of pressure cookers (stovetop and electric), including the cult favorite Instant Pot®. The kitchens of Martha Stewart present an authoritative volume packed with brilliant, effortless recipes that yield maximum flavor and require minimal time. Every recipe is rigorously tested, beautifully photographed, and will work for any type of pressure cooker. If you're new to pressure cooking, this book makes the experience foolproof and fearless. Perfect for beginners, the book begins with staples that traditionally require long cooking times, such as whole grains, dried beans, and stocks, that are finished much more quickly in the pressure cooker. In this first chapter, you'll find the master cooking techniques for these affordable, accessible ingredients -- the results become building blocks for many creative recipes and meal prep, ready to be transformed into countless, easy meals that will serve you throughout the week. The rest of the book is full of one-pot recipes -- dishes that once seemed like long weekend affairs or

were too labor intensive to muster on a weeknight are now ready in a flash: braised short ribs that fall off the bone after only an hour; rich pork and pinto bean chili made with dried beans, no pre-soaking required; and a creamy, perfectly cooked risotto ready in six minutes, without constant stirring. Demonstrating the incredible versatility of the appliance, Martha Stewart's Pressure Cooker has a sweet ending -- a chapter devoted solely to desserts, such as cakes, puddings, and more.

The Well Plated Cookbook Erin Clarke, 2020-08-25 Comfort classics with a lighter spin, from the creator of the healthyeating blog Well Plated by Erin. Known for her incredibly approachable, slimmed-down, and outrageously delicious recipes, Erin Clarke is the creator of the smash-hit food blog in the healthy-eating blogosphere, Well Plated by Erin. Clarke's site welcomes millions of readers, and with good reason: Her recipes are fast, budget-friendly, and clever; she never includes an ingredient you can't find in a regular supermarket or that isn't essential to a dish's success, and she hacks her recipes for maximum nutrition by using the stealthy healthy ingredient swaps she's mastered so that you don't lose an ounce of flavor. In this essential cookbook for everyday cooking, Clarke shares more than 130 brand-new rapid-fire recipes, along with secrets to lightening up classic comfort favorites inspired by her midwestern roots, and clever recipe hacks that will enable you to put a healthy meal on the table any night of the week. Many of the recipes feature a single ingredient used in multiple, ingenious ways, such as Sweet Potato Boats 5 Ways. The recipes are affordable and keep practicality top-of-mind. She's eliminated odd leftover orphan ingredients and included Market Swaps so you can adjust the ingredients based on the season or what you have on hand. To help you make the most of your cooking, she's even included tips to store and reheat leftovers, as well as clever ideas to turn them into an entirely new dish. From One-Pot Creamy Sundried Tomato Orzo to Sheet Pan Tandoori Chicken, all of the recipes are accessible to cooks of every level, and so indulgent you won't detect the healthy ingredients. As Clarke always hears from her readers, My family doesn't like healthy food, but they LOVED this! This is your homey guide to a healthier kitchen.

Two Peas & Their Pod Cookbook Maria Lichty, 2019-09-03 115 recipes--wholesome new creations and celebrated favorites from the blog--from the husband and wife team behind Two Peas & Their Pod TWO PEAS & THEIR POD celebrates a family, friends, and community-oriented lifestyle that has huge and growing appeal. Maria the genuine, fun, relaxed mom next door who's got the secret sauce: that special knack for effortlessly creating tantalizing and wholesome (and budget-friendly) meals with ease. From a Loaded Nacho Bar bash for 200 guests to quick-and-easy healthy weeknight dinners like never-fail favorites like One-Skillet Sausage Pasta or Asian Pork Lettuce Wraps (always followed by a fab dessert!), Maria shares her best lifestyle tips and home cook smarts. An essential resource for parents looking to update their healthy, inexpensive, time-saving, kid friendly meal roster; aspiring home cooks who want to eat-in delicious food more than they eat out; as well as anyone looking to share their love of food and the giving spirit with their neighbors, TWO PEAS & THEIR POD will help readers bring home that (achievable!) slice of Americana, where families come together to enjoy fresh and

nutritious meals and there's always a batch of still-warm cookies waiting on the counter.

*Epic Vegan Instant Pot Cooking* Hannah Janish, Derek Howlett, 2016-02-19 Instant Pot is the registered trademark of Double Insight, Inc. and the Instant Pot was designed in Canda, with healthy living, green living and ethnic diversity in mind -- t.p. verso.

**The Veggie Queen** Jill Nussinow,2005 A seasonal cookbook with more than 100 recipes to elevate the status of vegetables on your plate. A lighthearted look at vegetables to inspire people to eat more of them.

#### Everyday Cheapskate Mary Hunt, 2021-11-20

A Couple Cooks | Pretty Simple Cooking Sonja Overhiser, Alex Overhiser, 2018-02-06 Popular husband-and-wife bloggers and podcasters (acouplecooks.com) offer 100 recipes with an emphasis on whole foods and getting into the kitchen together. Pretty Simple Cooking was named one of the best vegetarian cookbooks by Epicurious and best healthy cookbooks of 2018 by Mind Body Green. A love story at its finest, Alex and Sonja Overhiser first fell for each other--and then the kitchen. In a matter of months, the writer-photographer duo went from eating fast and frozen food to regularly cooking vegetarian meals from scratch. Together, the two unraveled a pretty simple approach to home cooking that kicks the diet in favor of long-term lifestyle changes. While cooking isn't always easy or quick, it can be pretty simple by finding love in the process. A Couple Cooks | Pretty Simple Cooking is an irresistible combination of spirited writing, nourishing recipes with a Mediterranean flair, and vibrant photography. Dubbed a vegetarian cookbook for non-vegetarians, it's a beautiful book that's food for thought, at the same time providing real food recipes for eating around the table. The book features: 100 vegetarian recipes, with 75 vegan and 90 gluten-free options A full-color photograph for every recipe Recipes arranged from quickest to more time-consuming 10 life lessons for a sustainably healthy approach to cooking, artfully illustrated with a custom watercolor

Keto Instant Pot Maria Emmerich, 2018-12-18 The Instant Pot is one of the hottest cooking tools around these days. With its ability to pressure-cook foods in mere minutes, all in one pot, it is a huge time-saver for busy home cooks. You can even bake a cheesecake in it! A ketogenic diet that eliminates processed foods sometimes require a little more effort in the kitchen, so any time saved is a plus. In this book, international bestselling author Maria Emmerich presents more than 160 delicious low-carb, high-fat keto recipes designed to be cooked in an Instant Pot or other multi-cooker. The recipes run the gamut from appetizers and sides to soups to main dishes to sweet treats and even a few drinks, along with some handy keto basics. As a bonus, Maria also includes slow-cooking instructions (which can be done either in the Instant Pot or in a separate slow cooker) for each recipe for those days when set-it-and-forget-it convenience takes precedence over the need for speed. Recipes include: Pumpkin Coffee Cake Easy Baked Eggs Buffalo Meatballs Crab-Stuffed Mushrooms Italian Chicken Chili Curry Beef Stew Philly Cheesesteak Pork Lettuce Cups Amazing Asian Pulled Pork Chicken and Bacon Lasagna Roll-ups Garlicky Tuna Casserole Lemon Ricotta Torte Chocolate Almond Fudge Homemade Root Beer ...and much more! You'll also

find tips for success, along with Maria's recommendations for Instant Pot extras to consider purchasing to make keto cooking easier. So what are you waiting for? Add this handy kitchen appliance to your low-carb cooking arsenal and put it to good use for tasty and healthy keto meals!

The Ultimate Vegan Cookbook for Your Instant Pot Kathy Hester, 2017-01-10 As the Instant Pot becomes increasingly affordable and popular among home cooks, who better than to teach vegans the ins and outs of this handy appliance than bestselling vegan cookbook author Kathy Hester? In The Ultimate Vegan Instant Pot Cookbook, Kathy presents 80 new and unique recipes using the many features of the 7-appliances-in-1 Instant Pot, which includes a pressure cooker, slow cooker, yogurt maker and steamer. The Instant Pot does most of the work for less kitchen stress and mess, and it produces astoundingly delicious results. Recipes include Autumn Mushroom Bean Soup, Quinoa Chickpea Scramble, California Vegetables in Cheezy Sauce, All American Tempeh Chili, Mushroom Stroganoff Over Instant Pot Potatoes and even desserts like Vegan Cheesecake and Smores Sweet Potatoes. Readers also save money by easily making their own staples such as vegetable stock, nondairy milk, yogurt, seitan and cheesy sauce. With plenty of introductory material, readers can learn about using the different features of their Instant Pot, nutritional benefits of each, do's and don'ts and how to care for it. This cookbook helps vegan home cooks confidently use the Instant Pot to prepare their own nourishing staples and delicious meals for their families. This book will have 80 recipes.

<u>Delish Insanely Easy Casseroles</u> Delish,2020-08-17

Unveiling the Magic of Words: A Review of "25 Insanely Quick Instant Pot Recipes"

In some sort of defined by information and interconnectivity, the enchanting power of words has acquired unparalleled significance. Their ability to kindle emotions, provoke contemplation, and ignite transformative change is really awe-inspiring. Enter the realm of "25 Insanely Quick Instant Pot Recipes," a mesmerizing literary masterpiece penned by a distinguished author, guiding readers on a profound journey to unravel the secrets and potential hidden within every word. In this critique, we shall delve to the book is central themes, examine its distinctive writing style, and assess its profound affect the souls of its readers.

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### 25 Insanely Quick Instant Pot Recipes Introduction

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