

25 Insanely Quick Instant Pot Recipes

Gooseberry Patch

Sam the Cooking Guy: Recipes with Intentional Leftovers Sam Zien, 2020-11-10 20 master recipes, more than 100 dishes—weeknight cooking has never been so exciting or so easy! Say goodbye to fourth-night-in-a-row meat loaf and identical containers of tragically “meal-prepped” chicken thighs. YouTube cooking sensation and restaurateur Sam the Cooking Guy is here to save us from mediocre leftovers. With 20 bulk-cooking master dishes, each featuring a main protein, with corresponding follow-up meals that all benefit from the work you’ve already done, Sam ensures that you’ll never be bored in the kitchen again! Sam’s recipes are simple and quick, but never tired. Your Mexican Meat Loaf from Sunday can shapeshift into Tuesday night’s Tacos or Thursday’s Sloppy Joes. Monday’s Roast Chicken becomes Wednesday’s Thai Chicken Curry or Friday’s Baked Taquitos. “Aw man, Beer-Braised Short Ribs again?” “Nah: Short Rib Egg Rolls!” Sam’s genuine and engaging personality, along with vibrant color photography, makes this book a lifesaver for busy folks who are looking for dinners that they can finally be excited about.

The Modern Proper Holly Erickson, Natalie Mortimer, 2022-04-05 The creators of the popular website The Modern Proper show home cooks how to reinvent what proper means and be smarter with their time in the kitchen to create dinner that everyone will love.—Provided by publisher.

Instant Loss Cookbook Brittany Williams, 2018-10-02 THE INSTANT NATIONAL BESTSELLER • Brittany Williams lost more than 125 pounds using her Instant Pot® and making all her meals from scratch. Now she shares 125 quick, easy, and tasty whole food recipes that can help you reach your weight loss goals, too! Brittany Williams had struggled with her weight all her life. She grew up eating the standard American staples—fast, frozen, fried, and processed—and hit a peak weight of 260 pounds. When her 4-year-old daughter’s autoimmune disease was alleviated by a low-sugar, dairy-free, grain-free, whole-food-based diet, Brittany realized she owed her own body the same kind of healing. So on January 1, 2017, she vowed to make every meal for a year from scratch, aided by her Instant Pot®. She discovered that the versatility, speed, and ease of the electric pressure cooker made creating wholesome, tasty, family-satisfying meals a breeze, usually taking under thirty minutes. Not only did the family thrive over the course of the year, Brittany lost an astonishing 125 pounds, all documented on her Instant Loss blog. Illustrated with gorgeous photography, Instant Loss Cookbook shares 125 recipes and the meal plan that Brittany used for her own weight loss, 75% of which are recipes for the Instant Pot® or other multicooker. These recipes

are whole food-based with a spotlight on veggies, mostly dairy and grain-free, and use ingredients that you can find at any grocery store. The clearest guide to navigating your Instant Pot® or other multicooker that you'll find, Instant Loss Cookbook makes healthy eating convenient—and that's the key to sustainable weight loss.

Epic Vegan Pressure Cooking Derek Howlett, Hannah Howlett, 2018-03-12 30 Simple Oil-Free Vegan Pressure Cooker Recipes For Lazy F@cks

Chinese Instant Pot Cookbook Sharon Wong, 2022-02-08 Create authentic Chinese dishes in your Instant Pot There's nothing quite like the taste of authentic Chinese food, but making it at home can feel intimidating. Enter the Instant Pot. This cookbook features the most comprehensive collection of Chinese recipes adapted to this magnificent multi-cooker so you can say goodbye to takeout and hello to delicious Chinese meals made at home with the push of a button. What sets this Asian cookbook apart from other Instant Pot cookbooks: Chinese kitchen 101—Build out your Chinese pantry, and learn how to use your Instant Pot to steam, braise, pressure cook, simmer, and stew. Time-saving recipes—Cook flavorful Chinese dishes that traditionally take hours in a fraction of the time using your Instant Pot. These simplified recipes also feature minimal, easy-to-find ingredients. Precise pressure cooking—Whip up tasty Chinese meals that are never over or undercooked with info on how long it will take to build and release pressure. Make mouthwatering Chinese meals that don't take a lot of effort using the Instant Pot Chinese Cookbook.

Milk Street Fast and Slow Christopher Kimball, 2020-04-07 Cook it fast or cook it slow: 150 flexible, flavorful Instant Pot and multicooker recipes designed for your schedule, from the James Beard Award-winning team at Milk Street. Instant Pots and other multicookers can transform your routine, turning day-long simmers and braises into quick dishes that are achievable even on a busy weeknight. But did you know that the same pot is also a top-notch slow cooker, delivering make-ahead flexibility? Milk Street Fast and Slow shows you how to make the most of your multicooker's unique capabilities with a host of one-pot recipes that show how to prepare the same dish two ways. For the quickest meals, use the pressure cooker setting to cut down on cooking time. And if you prefer the flexibility of a slow cooker, you can start your cooking hours ahead. Tantalize your taste buds and change the way you cook with this mouthwatering menu: Vegetables shine on center stage in dozens of hearty vegetarian mains and sides like Potato and Green Pea Curry and Eggplant, Tomato, and Chickpea Tagine. From Risotto with Sausage and Arugula to steel-cut oats and polenta, get slow-cooking grains on the table fast -- no standing and stirring required. Beans cooked from scratch now join the weeknight lineup. Skip the overnight soak and load up on flavor in dishes like Black Beans with Bacon and Tequila. One-pot pastas mean more flavor and less cleanup. Cook Lemony Orzo with Chicken and Arugula right in the sauce -- no boiling, no draining, no problem. Cook chicken with a new world of flavor, from Chicken in Green Mole to Chicken Soup with Bok Choy and Ginger. Transform tough cuts of pork into everyday ingredients -- from Filipino Pork Shoulder Adobo and Hoisin-Glazed Baby Back Ribs to Carnitas with Pickled Red Onions.

Make beef affordable by coaxing cheap (but flavorful) cuts to tenderness. Even all-day pot roasts and Short Rib Ragu become Tuesday night-friendly with little hands-on effort. These dishes take advantage of the Milk Street approach to cooking: fresh flavor combinations and innovative techniques from around the world. In these pages, you'll find a compelling new approach to pressure cooking and slow cooking every day. Praise for Christopher Kimball's Milk Street: Kimball is nothing if not an obsessive tester, so every recipe has an implicit guarantee . . . Scanning the streamlined but explicit instructions, you think: easy, quick, works, boom. -- The Atlantic

Damn Delicious Rhee, Chungah, 2016-09-06 The debut cookbook by the creator of the wildly popular blog Damn Delicious proves that quick and easy doesn't have to mean boring. Blogger Chungah Rhee has attracted millions of devoted fans with recipes that are undeniable 'keepers'-each one so simple, so easy, and so flavor-packed, that you reach for them busy night after busy night. In Damn Delicious, she shares exclusive new recipes as well as her most beloved dishes, all designed to bring fun and excitement into everyday cooking. From five-ingredient Mini Deep Dish Pizzas to no-fuss Sheet Pan Steak & Veggies and 20-minute Spaghetti Carbonara, the recipes will help even the most inexperienced cooks spend less time in the kitchen and more time around the table. Packed with quickie breakfasts, 30-minute skillet sprints, and speedy takeout copycats, this cookbook is guaranteed to inspire readers to whip up fast, healthy, homemade meals that are truly 'damn delicious!'

Best Instant Pot Cookbook Gooseberry Patch, 2019-12-01 Short on time? With an Instant Pot(R), you can cook up all your family's favorite meals in a fraction of the time. Pressure-Cooker Country Chicken Soup, BBQ Spareribs even down-home Bacon-Braised Mixed Greens taste like they cooked all day. And, how about Lemon Bread Pudding for dessert? Got more time? Go low & slow with a slow cooker. Treat your family to slow-simmered dishes like fork-tender Italian Pot Roast, tummy-warming Grandma's Famous Chili and Hot Fudge Spoon Cake. Includes instructions and recipes to scale for cooking for 1 or 2 and for converting slow-cooker recipes to the pressure cooker. Also will include Salads & Desserts to go-with meals entrees prepared in the Instant Pot. Additional recipes for salads and even more desserts to go with what you prepare in your Instant Pot (R)! We're sharing lots of useful tips for making the most of these handy kitchen appliances. So put 'em to work, cooking up wonderful meals for your family. 175 Recipes.

Two Peas & Their Pod Cookbook Maria Lichty, 2019-09-03 115 recipes--wholesome new creations and celebrated favorites from the blog--from the husband and wife team behind Two Peas & Their Pod TWO PEAS & THEIR POD celebrates a family, friends, and community-oriented lifestyle that has huge and growing appeal. Maria the genuine, fun, relaxed mom next door who's got the secret sauce: that special knack for effortlessly creating tantalizing and wholesome (and budget-friendly) meals with ease. From a Loaded Nacho Bar bash for 200 guests to quick-and-easy healthy weeknight dinners like never-fail favorites like One-Skillet Sausage Pasta or Asian Pork Lettuce Wraps (always followed by a fab dessert!), Maria

shares her best lifestyle tips and home cook smarts. An essential resource for parents looking to update their healthy, inexpensive, time-saving, kid friendly meal roster; aspiring home cooks who want to eat-in delicious food more than they eat out; as well as anyone looking to share their love of food and the giving spirit with their neighbors, TWO PEAS & THEIR POD will help readers bring home that (achievable!) slice of Americana, where families come together to enjoy fresh and nutritious meals and there's always a batch of still-warm cookies waiting on the counter.

Epic Vegan Instant Pot Cooking Hannah Janish, Derek Howlett, 2016-02-19 Instant Pot is the registered trademark of Double Insight, Inc. and the Instant Pot was designed in Canada, with healthy living, green living and ethnic diversity in mind -- t.p. verso.

365 Days of Slow Cooking Karen Bellessa Petersen, 2012-03 A compilation of recipes taken from Petersen's blog, <http://www.365daysofcrockpot.blogspot.com>.

The Step-by-Step Instant Pot Cookbook Jeffrey Eisner, 2020-04-14 NATIONAL BESTSELLER The easiest-to-follow Instant Pot cookbook ever: 100 delicious recipes with more than 750 photographs guiding you every step of the way Jeffrey Eisner's popular Pressure Luck Cooking website and YouTube channel have shown millions of home cooks how to make magic in their Instant Pots. Now Eisner takes the patient, fun, step-by-step approach that made him an online phenomenon and delivers a cookbook of 100 essential dishes that will demystify pressure cooking for Instant Pot users of all abilities--and put an astounding dinner on the table in a flash. Every flavor-filled recipe in this book is illustrated with clear photographs showing exactly what to do in each step. There are no surprises: no hard-to-find ingredients, no fussy extra techniques, and nothing even the most reluctant cooks can't master in moments. What you see is truly what you get, in delicious and simple dishes such as: Mac & Cheese Quick Quinoa Salad French Onion Chicken Eisner's popular Best-Ever Pot Roast Ratatouille Stew And even desserts such as Bananas Foster and Crème Brûlée.

The Well Plated Cookbook Erin Clarke, 2020-08-25 Comfort classics with a lighter spin, from the creator of the healthy-eating blog Well Plated by Erin. Known for her incredibly approachable, slimmed-down, and outrageously delicious recipes, Erin Clarke is the creator of the smash-hit food blog in the healthy-eating blogosphere, Well Plated by Erin. Clarke's site welcomes millions of readers, and with good reason: Her recipes are fast, budget-friendly, and clever; she never includes an ingredient you can't find in a regular supermarket or that isn't essential to a dish's success, and she hacks her recipes for maximum nutrition by using the stealthy healthy ingredient swaps she's mastered so that you don't lose an ounce of flavor. In this essential cookbook for everyday cooking, Clarke shares more than 130 brand-new rapid-fire recipes, along with secrets to lightening up classic comfort favorites inspired by her midwestern roots, and clever recipe hacks that will enable you to put a healthy meal on the table any night of the week. Many of the recipes feature a single ingredient used in multiple, ingenious ways, such as Sweet Potato Boats 5 Ways. The recipes are affordable and keep practicality top-of-mind. She's

eliminated odd leftover orphan ingredients and included Market Swaps so you can adjust the ingredients based on the season or what you have on hand. To help you make the most of your cooking, she's even included tips to store and reheat leftovers, as well as clever ideas to turn them into an entirely new dish. From One-Pot Creamy Sundried Tomato Orzo to Sheet Pan Tandoori Chicken, all of the recipes are accessible to cooks of every level, and so indulgent you won't detect the healthy ingredients. As Clarke always hears from her readers, My family doesn't like healthy food, but they LOVED this! This is your homey guide to a healthier kitchen.

The Veggie Queen Jill Nussinow,2005 A seasonal cookbook with more than 100 recipes to elevate the status of vegetables on your plate. A lighthearted look at vegetables to inspire people to eat more of them.

Delish Insanely Easy Casseroles Delish,2020-08-17

Indian Instant Pot(R) Cookbook Urvashi Pitre,2017-09-19 Traditional Indian cuisine comes to your very modern Instant Pot®. Discover how simple and delicious traditional Indian cuisine can be. The Indian Instant Pot Cookbook offers fast and easy takes on classic Indian dishes—all designed to be cooked in your electric pressure cooker. Whether you're new to Indian food or looking to experiment at home, The Indian Instant Pot Cookbook keeps things simple with limited-ingredient, quick-fix recipes for everything from Basmati Pulao to Chicken Tikka Masala. Learn how to properly use your Instant Pot, stock up essential spices, substitute ingredients, and more. The Indian Instant Pot Cookbook includes: 50 authentic recipes—Bring a wide array of Indian flavors to your table with Marathi Kadhi (tangy yogurt soup), Murgh Makhani (butter chicken), Masala Chai (spiced tea), and more. Indian cuisine made easy—This Instant Pot cookbook shows you how to speed up your cooking with simple recipes that don't sacrifice flavor, plus lists of must-have ingredients and equipment. Expert guidance—Get tips and tricks designed to help you clean, maintain, and get the most out of your electric pressure cooker with this Instant Pot cookbook. Who needs restaurants? Let the Indian Instant Pot Cookbook show you how to start making delicious curries and more at home.

Instant Pot Recipes Publications International Ltd.,2018-10 Discover the wonderful world of Instant Pot! This versatile multi-cooker will change the way you cook -- now making dinner can be fast, easy, and fun! A helpful introduction explains the basics of Instant Pot cooking along with practical tips and tricks that will make meal preparation a snap. Enjoy family favorites like One-Pot Chili Mac, Chipotle Pork Tacos, Chicken Tortilla Soup, Sweet and Savory Brisket, and Maple Spice Rubbed Ribs. Or try delicious new flavors such as Thai Pumpkin Chicken Soup, Lamb and Chickpea Stew, Coconut Butternut Squash, and Cuban-Style Curried Turkey. And don't forget dessert--you can also make fabulous puddings, custards, even cakes and cheesecakes in your Instant Pot. Includes pressure cooking time charts for common ingredients (meat, poultry, seafood, beans, grains, and vegetables). More than 115 recipes and beautiful full-page photos. 256 pages

Dinner in an Instant Melissa Clark,2017-10-17 75 all-new recipes for Melissa Clark's signature flavor-forward dishes that

can be made in any pressure cooker, multicooker, or Instant Pot®. “Recipes that are as reliable as they are appealing.”—The Boston Globe Dinner in an Instant gives home cooks recipes for elevated dinners that never sacrifice convenience. It focuses on what you should make in the pressure cooker (rather than what you can make) because it does it better—faster, more easily, and more flavorfully. These delicious weeknight-friendly and company-worthy recipes include: • Leek & Artichoke Frittata • Coconut Curry Chicken • Duck Confit • Osso Buco • Saffron Risotto • French Onion Soup • Classic Vanilla Bean Cheesecake Here, too, are instructions for making the same dish on both the pressure and slow cooker settings when possible, allowing home cooks flexibility, as well as indications for paleo, gluten-free, vegetarian, and vegan recipes. Dinner in an Instant is a new classic and Melissa Clark’s most practical book yet.

Instant Pot Recipes Cookbook Olivia Brown, 2017-09-26 Do You Find Yourself In Situations Where You Don't Have Time To Slave All Day Over A Stovetop Cooker? If You Are, The Instant Pot Is Made Just For You! One of the Instant Pot’s strengths is its ability to give Simple, Easy, Quick, Edible and Incredible Meals At The Touch Of A Button. The Instant Pot undoubtedly makes meal time (breakfast, lunch or dinnertime) easier, quicker, and less stressful, with the bonus of having fewer dishes to wash. In this book, you'll find over 60 Easy Instant Pot Recipes specially put together for you. This is a perfect newbie and oldie Instant Pot Recipes to spice up your amazing cooking experience with your electric cooking appliance. The recipes are divided into six categories: Instant Pot Easy Recipes Instant Pot One Pot Recipes Instant Pot Chicken Recipes Instant Pot Rice Recipes Instant Pot Egg Recipes Instant Pot Fruits and Vegetables These recipes are perfect for: Appetizers Breakfast/brunch Lunch and dinner Main course Side dishes Desserts Weeknight dinners Weeknight meals Busy weeknights Last minute meal emergencies (quick lunch, dinner, or snack) Sports parties, game days, men/ladies night out Holidays and dinner parties Gatherings, potlucks, picnics... You’ll enjoy making these recipes because they are: Easy to prepare with simple and accessible ingredients. Addictive to eat and filling. Versatile, budget and family-friendly. Healthy and made with mostly whole, real ingredients. Comforting, soothing, homey. Super flavorful with every bite. These recipes are lifesavers and are so addictive to eat. Pamper yourself and impress your family and guests with these recipes!!!

The Instant Pot® Kosher Cookbook Paula Shoyer, 2021-03-09 For decades, Jews have relied on slow cookers to achieve the flavor-filled stews of their ancestors. Now the Instant Pot(R) cooks them much faster--without compromising flavor or texture. The Instant Pot (R) Kosher Cookbook offers timeless Jewish favorites tailored to this modern appliance: stuffed cabbage, corned beef, brisket, cholent, Yemenite and Persian lamb stews, chicken or beet soup, kasha varnishkes, tzimmes, even apple cake. It includes recipes for weeknights, Shabbat, and holidays, along with kosher versions of international classics like lasagna--all expertly adapted to the Instant Pot(R).

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